

Armagh International Road Races - 18th February 2016
Men's 5k International

Place	BIB	Name	Club/Team	Country	Category	Finish Time
1	179	Charlie Hulson	Sale Harriers Manchester		MO	14:02.83
2	91	Yannick Michiels	Belgium		MO	14:02.99
3	38	Andy Maud	Highgate Harriers	England Athletics	MO	14:03.17
4	90	Richard Peters	Bristol and West A.C.		MO	14:05.54
5	119	Gideon Kimosop	Project Africa Athletics		MO	14:07.30
6	36	Cameron Boyek	Swansea	Scotland	MO	14:08.12
7	39	Frank Baddick	Newham and Essex Beagles		MO	14:08.45
8	97	Dewi Griffiths	Swansea Harriers AC		MO	14:08.72
9	148	Artur Kern	Poland	Poland	MO	14:09.20
10	52	Nick Swinburn	Morpeth		MO	14:09.77
11	9	Adam Bowden	Harrow AC		MO	14:09.90
12	12	Krystian Zalewski	Poland	Poland	MO	14:12.51
13	187	Luke Gunn	Derby AC		MO	14:13.38
14	126	Matuesz Wyszomirski	Poland		MO	14:13.59
15	122	Kevin Mulcaire	Ennis Track Club		MO	14:14.02
16	150	Adam Nowicki	Poland		MO	14:14.92
17	43	Joshua Grace	Real Runners	England Athletics	MO	14:15.24
18	60	Daniel Cliffe	Liverpool Harriers		MO	14:18.56
19	1	Shaun Antell	Bideford AAC		MO	14:21.88
20	120	Rory Chesser	Ennis Track Club	Ireland	MO	14:23.95
21	85	Peter Huck	Run Fast	England Athletics	MO	14:24.36
22	87	Jake Wightman	Scotland	Scotland	MO	14:25.53
23	100	Guy Smith	Swansea Harriers AC		MO	14:25.89
24	69	Stephen Mitchell	Bristol and West A.C.		MO	14:26.88
25	74	Kamil Sieracki	Shettleston Harriers		MO	14:26.92
26	65	Shane Robinson	Lincoln Wellington AC		MO	14:27.19
27	184	Danny Davis	Real Runners		MO	14:27.59
28	11	Owen Hind	Kent AC		MO	14:27.76
29	175	Thomas Fitzpatrick	Ireland	Ireland	MO	14:31.66
30	34	Chris Rainsford	Highgate Harriers		MO	14:31.87
31	13	Krzysztof Zebrowski	Poland	Poland	MO	14:32.96
32	155	Kyran Roberts	Carmarthen/Loughborough Students		MO	14:33.17
33	37	Peter Chambers	Highgate Harriers		MO	14:33.30
34	75	Lachlan Oates	Shettleston Harriers		MO	14:34.27
35	66	Aaron Scott	Lincoln Wellington AC		MO	14:34.87
36	88	Ben Stevenson	Scotland	Scotland	MO	14:35.24
37	113	Sean Hehir	Rathfarnham WSAF AC	Ireland	MO	14:35.68
38	84	Bertie Houghton	Hallamshire Harriers Sheffield		MO	14:35.75
39	73	Tewodle Mengisteab	Shettleston Harriers		MO	14:35.97
40	51	Scott Rankin	Foyle Valley AC	Northern Ireland	MO	14:36.40
41	25	Ieuan Thomas	Cardiff AAC		MO	14:38.09
42	78	Tom Merson	Bristol and West A.C.		MO	14:38.32
43	95	Chris Carpanini	Swansea Harriers AC	Wales Development Team	MO	14:38.62
44	161	Janne Ukonmaanaho	Finland/Ylikiiimingin Nuijamiehet		MO	14:41.04
45	106	Thomas Moran	Dunshaughlin A.C.	Ireland	MO	14:43.15
46	172	Carl Smith	Leeds City AC		MO	14:43.71
47	59	Adam Speake	Bristol and West A.C.		MO	14:45.77
48	70	Alex Bruce-Littlewood	Blackheath and Bromley AC		MO	14:46.08
49	93	Marc Hobbs	Swansea Harriers AC		MO	14:46.44
50	18	Benedict Westhenry	Bristol and West A.C.		MO	14:47.74
51	94	Jonathan Tobin	Swansea Harriers AC		MO	14:48.00
52	183	Tom Straw	Lincoln Wellington AC		MO	14:48.08
53	139	Matthew Edwards	Cardiff AAC	Wales Development Team	MO	14:48.34
54	118	Chris Madden	City of Lisburn	Northern Ireland	MO	14:48.43
55	171	Dominic Easter	Leeds City AC		MO	14:49.74
56	142	Adam Kirk-Smith	London Heathside AC		MO	14:49.92
57	16	Daniel Haymes	Derby AC		MO	14:50.53
58	138	Josh Griffiths	Swansea Harriers AC	Wales Development Team	MO	14:51.20

59	127	Neil Johnston	Springwell		MO	14:51.79
60	182	Jonathan Glen	Scotland	Scotland	MO	14:53.70
61	149	Damian Kabat	Poland	Poland	MO	14:54.31
62	146	Laurence Cox			MO	14:54.71
63	58	Ben Russell	Liverpool Harriers		MO	14:55.86
64	82	Jonathan Collier	Harrow AC		MO	14:57.49
65	176	Liam Brady	Ireland	Ireland	MO	14:58.35
66	20	Robert Gilroy	Ronhill Cambuslang Harriers		MO	14:59.11
67	79	Joseph Vis	University of Manchester		MO	15:01.47
68	30	Robert Wilson	Highgate Harriers		MO	15:01.53
69	48	Russell Bentley	Team Real Runners		MO	15:02.39
70	177	Emmet Dunleavy	Ireland	Ireland	MO	15:02.70
71	49	Matthew Sheen	Vale Royal AC		MO	15:04.17
72	185	Conor Duffy	Glaslough		MO	15:05.46
73	116	Gareth Hill	Ballymena and Antrim	Northern Ireland	MO	15:06.57
74	178	Andrew Annett	North Belfast Harriers		MO	15:07.82
75	163	Danny Mooney	Liverpool Harriers		MO	15:12.08
76	56	James McNally	Liverpool Harriers		MO	15:12.44
77	63	Dave Norman	Altrincham and District AC		MO	15:12.99
78	117	Andrew Agnew	Annadale Striders		MO	15:15.27
79	181	Raphael Demarcq	FSGT	FSGT France	MO	15:16.01
80	64	Daniel Jarvis	Liverpool Harriers		MO	15:16.10
81	55	Jack Corbett	Templemore AC		MO	15:17.46
82	68	James Straw	Lincoln Wellington AC		MO	15:18.74
83	186	Simon Ryan	Raheny Shamrocks Dublin		MO	15:19.59
84	53	Michael Cayton	Horwich Harriers		MO	15:21.00
85	72	Adam Sciacca	University of Manchester		MO	15:21.94
86	98	Matt Harvey	Swansea Harriers AC		MO	15:25.42
87	33	Matthew Grant	Shaftesbury Barnet Harriers		MO	15:26.75
88	124	Louis McCarthy	Rathfarnham WSAF AC		MO	15:28.31
89	167	Michael Dyer	North Down AC		MO	15:28.92
90	135	Mark Pollard	Inverclyde AC		MO	15:29.61
91	105	Harry Lane	Bristol and West A.C.		MO	15:30.17
92	144	Gavin Corey	Sperrin Harriers		MO	15:31.23
93	22	Chris Middleton	Sale Harriers Manchester		MO	15:32.18
94	108	Noel Carroll	Shercock AC		MO	15:32.66
95	2	Chris Jordan	Leicester Coritanian		MO	15:33.72
96	102	Lindsay Gordon	North Belfast Harriers		MO	15:34.07
97	131	Chris McGuinness	Foyle Valley AC		MO	15:34.54
98	92	Arne Agten	Belgium		MO	15:34.97
99	80	Harry Poole	University of Manchester		MO	15:37.33
100	157	Adalberto Teixeira Furtado	Sélection FSGT 93	FSGT France	MO	15:38.63
101	101	Richard Copp	Swansea Harriers AC		MO	15:39.61
102	164	Noel Logan	City of Derry Spartans AC		MO	15:42.61
103	137	Paul Stephenson	Rathfarnham WSAF AC		MO	15:47.96
104	96	Ian Harris	Swansea Harriers AC		MO	15:49.31
105	35	Ash Chambers	Highgate Harriers		MO	15:50.55
106	110	Eoin Taggart	Clonliffe Harriers		MO	15:51.87
107	3	Gary Condon	Sli Cualann		MV40	15:52.64
108	24	Michael Crawley			MO	15:53.97
109	27	Martin Hoare	Celbridge AC		MO	15:54.28
110	4	Matt Adcock	Hermitage Harriers		MO	15:55.35
111	130	James Treanor	Shercock AC		MO	15:56.12
112	154	Mark McPaul	Finn Valley AC		MO	15:58.17
113	76	Brian McGarrity	Shettleston Harriers		MO	15:58.28
114	104	Gérard Heaney	St Peters AC		MO	15:59.79
115	159	Paddy Robb	St Malachy's AC		MO	16:02.08
116	125	Oisín Gallen	Finn Valley AC		MO	16:03.67
117	180	Sam Allen	Donore Harriers		MO	16:05.51
118	145	Vincent Moreau	Sélection FSGT 93	FSGT France	MO	16:07.78
119	23	Darrell McKee	Acorns AC		MO	16:08.56
120	153	Roy McGilloway	Foyle Valley AC		MO	16:10.93

121	99 Paul Tobin	Swansea Harriers AC	MO	16:11.57
122	156 Christopher Devine	Newry City Runners	MO	16:15.12
123	141 Dennis Scott	North Down AC	MO	16:16.25
124	111 Josh Nevin	University of Manchester	MO	16:22.52
125	121 Brian Furey	Rathfarnham WSAF AC	MO	16:25.03
126	77 James Trainor	DUB Runners of Belfast	MO	16:26.48
127	57 David Brown	Lancaster and Morecambe AC	MO	16:34.12
128	143 Karl Fitzmaurice	Ennis Track Club	MO	16:37.14
129	6 Peter Williamson	Olympian Triathlon Club	MO	16:48.68
130	169 Bliadhan Glass	Acorns AC	MO	16:54.31